

# IMCZ NEWS



MAY 2015



## EDITORIAL Green Tea instead of Coffee

Like most of us, your editor has been a coffee fan for most of his life. Nothing could beat the aroma of a hot cup of coffee. It helped me better concentrate especially during tricky and difficult tasks. I remember when I was trying to tackle a particularly knotty programming issue in the database management program in my office; I could only resolve it after consuming a strong cup of coffee. However, by the time I reached retirement age, I found that my energy and capacity to do work all of a sudden waning. Coffee helped me better focus and concentrate but it did not give me the energy that I was missing. That was the time when I decided to give up drinking coffee and replaced it by drinking green tea. I have never regretted that decision. Now, I have all the energy I need to lead a healthy life with plenty of sporting activities and demanding mental tasks, especially with regard to this Newsletter. Thanks Remo for telling us where to get additional energy from after retirement.

**Muthana Kubba**  
Newsletter Editor  
newsletter@imcz.com

## IMCZ

Introducing...New members

THE IMCZ WELCOMES:

### Andras Winkler

Andras hails from Hungary. He came to Switzerland two and half years ago to attend an MBA course in Luzern in order to augment his skills as management consultant. Further, he plans to study the science of dynamic networks at Zürich University. He considers himself already as BPR (Business Process Re-engineering) expert. In his leisure times he likes outdoor sporting activities: badminton, bowling, darts, diving, fishing, hiking, jogging, skiing and swimming. Additionally he has completed a senior league decathlon discipline. Apart from sports his hobbies include art, history, movies, reading and socialising.



### Philippe Kaddouch

Philippe was born in France and emigrated to Israel in 1982. He is an athlete, international expert of biomechanics, strategy and psychology relating to personal security. He became a Krav Maga expert on self defence and was involved in training both personnel and instructors for teaching it. Philippe decided to dissociate himself from Krav Maga three years ago. He felt the name was being misappropriated with many illegitimate instructors. He shall be moving to the area of Zug soon and plans to start a new project with his own self defence method. Philippe is married and has three girls and one boy. His hobbies include cycling, dining, eating out, family, hiking, mountain biking, music, outdoors, photography, socialising, tennis and wine tasting.



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## FUTURE EVENTS

- THURSDAY MAY 14TH **Stammtisch at City Garden Hotel Lobby.**
- WEDNESDAY MAY 20TH **Bowling at the White Line Bowling Centre, Meierskappel** *Stephen Butterworth*
- WEDNESDAY MAY 20TH **ZIWC Spring Book Sale at Guthirt, Guthirtstr. 1, Zug, 14:00-17:00** *Ms Marianne Gordon*
- THURSDAY MAY 21ST **New Members Reception.**
- THURSDAY MAY 28TH **Stammtisch at City Garden Hotel Lobby.**
- THURSDAY JUNE 4TH **Stammtisch at City Garden Hotel Lobby.**
- THURSDAY JUNE 11TH **Stammtisch at City Garden Hotel Lobby.**
- WEDNESDAY JUNE 17TH **Joint Stammtisch with the ZIWC at the Park Hotel Lobby.**
- WEDNESDAY JUNE 17TH **Bowling at the White Line Bowling Centre, Meierskappel** *Stephen Butterworth*
- THURSDAY JUNE 18TH **Our Stammtisch at City Garden Hotel Lobby.**
- THURSDAY JUNE 25TH **Stammtisch at Garden City Hotel Lobby**
- THURSDAY JULY 2ND **Stammtisch at Garden City Hotel Lobby**
- THURSDAY JULY 9TH **Stammtisch at Garden City Hotel Lobby**

*continued on page 2*

## YOUR NEWSLETTER GOES PUBLIC

The board had decided to make the current Newsletter available to everyone.

Visitors to our site imcz.com can read the current Newsletter under About Us -> Current Newsletter



## IMCZ

Introducing...New members

THE IMCZ WELCOMES:

### Ben Banerjee

Ben was born in India, but grew up in the Netherlands. After completing his studies, he worked since 1997 at major international banks as well as four big consulting companies. He has also founded and co-founded pan-European ventures in the areas of consulting, project financing and investment. He even attended President Obama's inauguration ceremony as a special guest.



He came to Switzerland four and half years ago and is now working as a managing partner in a family company and is on the board of other companies including that of the East West Institute. Apart from being a regular contributor on financial and strategic issues to some renowned journals, he is a regular participant at events of the Clinton Foundation, Munich Security Conference, US Presidential Inaugurations and Forbes Magazine, etc. In addition he also advises a couple of world leaders on economic and security policies.

Ben lives in Walchwil. He is married and has an 8 year old son. His hobbies include Current Affairs, Dining, Eating out, Economics, Family, History, Movies, Outdoors, Politics and Reading.

## ZIWC Spring Book Sale

This year the ZIWC are continuing their great "Service Publique" and are organising yet another book sale thanks to their energetic Library Committee.

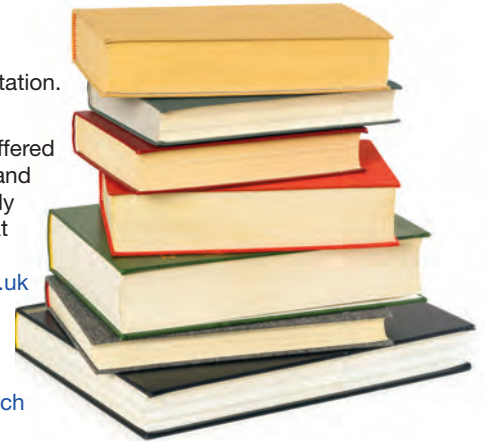
The venue shall remain the same as last year at: "Guthirt", Guthirtstrasse 1, 6300 Zug on Wednesday May 20, 2015 from 14:00 to 17:00.

It is only five minutes' walk from Zug main Railway Station. Parking available at Metalli next door.

Come along and enjoy tea with scones generously offered by the ZIWC Business Group, catch up with friends and browse through thousands of books, all professionally sorted by subject and author. They are a give away at CHF 2,00 each. To find out more, please contact Ms Marianne Gordon at [gordon.marianne@yahoo.co.uk](mailto:gordon.marianne@yahoo.co.uk)

If your bookshelves are full and you have no room for new books, empty them and give all those dust collecting books to the ZIWC.

Contact Ms Alison MacKinnon at [jones.ian@bluewin.ch](mailto:jones.ian@bluewin.ch)



## Bridge Players

"Calling all Bridge players". If you play Bridge and would like to make up a social foursome please contact Phil Woodford ([philip.woodford@bluewin.ch](mailto:philip.woodford@bluewin.ch))

## Milan World Expo 2015

A group of IMCZ members are planning a trip to Milan to visit the World Exposition Milan 2015 in September of this year. Interested members, please contact our Webmaster, Roger Brooks.



By Stefano Stabile (Own work) [CC BY-SA 3.0 (<http://creativecommons.org/licenses/by-sa/3.0/>)], via Wikimedia Commons



**STAMMTISCH**  
Thursday 18:00-20:30  
City Garden Hotel

## IMCZ BOARD MEMBERS

Board Member bios are posted under the following link: <http://www.imcz.com/nc/about-us/board-members-2014.html>. Go ahead and check them out!

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## Green tea may boost metabolic efficiency and endurance



Contributed by IMCZ member Remo P. Jutzeler van Wijlen, Head R&D Sponser Sports Food Ing. Appl Food Sciences, MAS Nutrition & Health ETHZ

Tea consumption is believed to be second only to that of water. The three major types: Black (78%), Green (20%), and Oolong tea (2%) are derived from the same *Camellia sinensis* plant. Tea and some other plants contain antioxidant substances called catechins. Besides their antioxidant activity which they share with other common substances, like vitamin E, vitamin C or selenium, catechins seem to possess other interesting properties regarding cognitive performance, dental health, and fat burning.



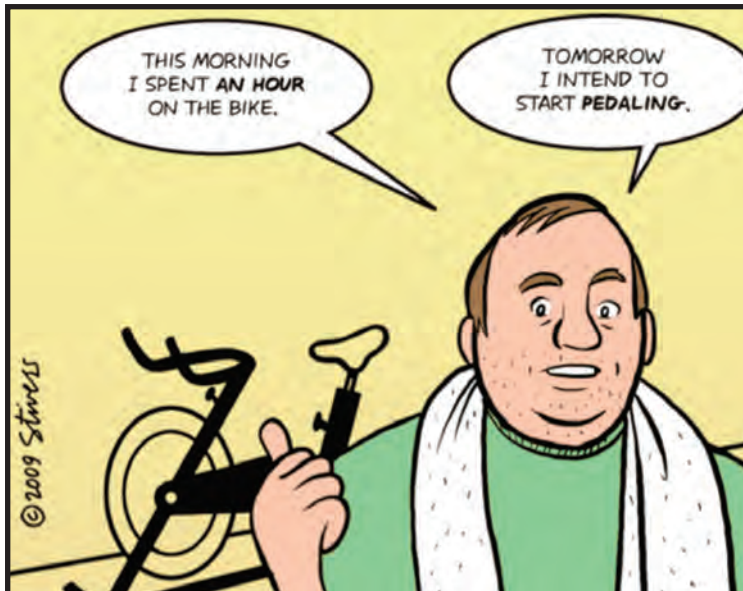
50% of their maximal oxygen uptake (VO<sub>2</sub>max), followed by a 40 minute self-paced time trial where distance and power output were recorded (only the elapsed time was visible to the subjects). Green tea supplements improved the fat oxidation rate by almost 25% after four weeks, and performance by 10.9% and 22.7% (distance covered and average power, respectively)!

The improved fat oxidation seemed to result in better energy provision during endurance

activities, and ultimately in improved performance in aerobic endurance activity. Moreover, body fat was also significantly reduced compared to the placebo. In conclusion, green tea catechins positively influence substrate (i.e. fatty acids) utilisation, particularly in combination with training. From previous studies it is even plausible that adaptations are more pronounced in less trained individuals.

Most studies have been undertaken with green tea that was not-decaffeinated and it was

I have already mentioned the fat burning properties of green tea in a previous column, but a recent human study adds to the ever-growing body of science supporting the potential benefits of green tea in relation to metabolic "efficiency" and endurance. Past studies were usually focused on the fat burning effects of green tea with regards to body composition, but in the new study, relative fat oxidation rates and performance were measured. Recreational cyclists received either a green tea capsule containing about 500 mg of catechins daily (corresponding to 5-7 cups of tea) or a placebo for four weeks. Subjects had to perform exercise trials consisting of one hour at



not possible to exactly assign the effects to catechins, caffeine, or the combination of both. Caffeine already has water-tight performance and fat oxidation health claims (besides its improvements on concentration and alert-ness). It is now clear that catechins also affect fat burning in humans. The question is, does this excite you enough, or are you desperate enough, to down 5 to 7 cups of green tea every day. Something else to consider, if you are thinking of boosting your cycling performance this Spring with some green tea infu-sions, bear in mind that, in the above mentioned study, participants had to perform after an overnight fast! And possibly a 40 minute all-out cycling time-trial is not everybody's cup of tea;-)

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Stephan M. Leuthard

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## Three Dimensional Vision

Contributed by IMCZ honorary member, and Newsletter editor Muthana Kubba

A breakthrough in 3-D vision is long overdue. If you consider that the first 3D films made by Hollywood were shown in the early 50's then you might well wonder what went wrong and why hasn't it caught on after more than 60 years.

Basically there are two cardinal issues which need to be addressed in 3D vision; one is biological and the other technical. Originally it was assumed that 3D vision is similar to 3D sound, in both we perceive the 3D effect by the difference between the two signals received by our two ears or two eyes. For sound it was easy, two channels were set up one for each ear and it worked exceedingly well, but for vision it was not so straightforward.

Our eyes focus on images automatically. As an image gets closer we focus on it by changing the curvature of the eyes' lenses. The brain has a problem with the artificially generated 3D images, because as the image moves in closer or out further away, its actual distance is constant and the eye does not need to change the focus, which confuses the brain and causes headaches for most people after long viewing. This is main biological problem with artificially generated 3D images.

The technical problems are equally daunting. Having two cameras take two different versions of the same image is straightforward, but merging the two images so that each eye sees only one image is not so easy. Originally, people were required to wear coloured glasses, so that each eye sees one of the two merged images projected. Obviously the resulting 3D moving images were not as rich in colours as the original images. More recently, stereoscopic spectacles and polarised glasses were introduced as well. All these methods endeavour to get each eye to see one of the two projected images.



### Creating true 3D

Getting people to wear glasses or complicated spectacles in order to view events in 3D is not easy. Most people would prefer to watch the same events in 2D rather than wear the special contraptions required to see the same images



in 3D. It was therefore quickly realised that viewing 3D without having to wear anything is the prerequisite for a breakthrough.

There have been several attempts to make images which can be perceived as 3D without wearing any glasses or spectacles. Notably Sharp Corporation of Japan had introduced the Aquos range of 3D displays for television as well as mobile devices including mobile phones. The sophisticated technology behind Aquos which manages to achieve 3D perception from a 2D display relies on actually displaying two separate images on the TV or iPhone screens. Whilst looking at the Aquos display, if one closes one eye, then moves his or her head sideways one can see that the image changes, and the second image becomes visible. In other words the technology uses the two inches or so distance between the left and the right eyes to display two different images. Of course they assume that the observer is sitting at a fixed given distance from the display (around 18 inches), otherwise the 3D visualisation would not function.

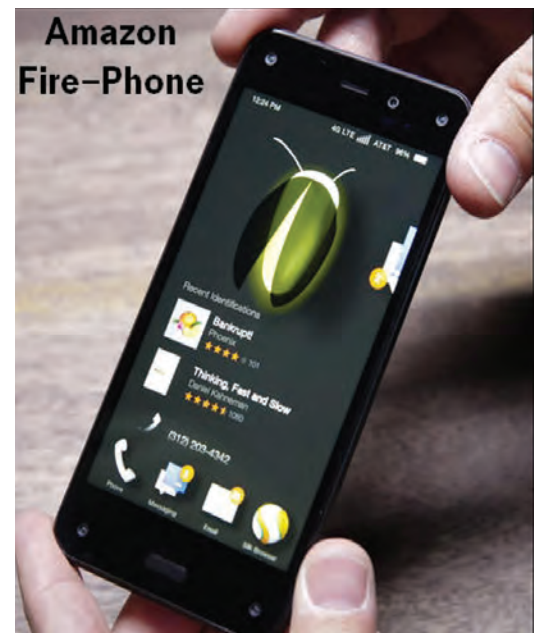
In spite of the huge investment and enormous effort Sharp had put into Aquos, it was not a commercial success. The reasons are a combination of high manufacturing costs, lack of 3D content, low resolution, poor brightness and high power requirements.

Many more manufacturers and research institutions have tried their hand since at generating 3D visualisation without glasses. To take one, Snail Games, they added eye tracking function to their Android, "Phablet" smart phone and gaming device. By tracking the user's gaze, the software they developed can dynamically add content so that the display appears to move within a 3D space. Also Amazon's 3D Fire phone uses a similar approach, although mostly for navigation and browsing purposes.

One company, a spin off from Hewlett-Packard, Leia Systems, has developed holographic technology, which uses back-lit multi-view 3D displays. With the help of specially developed software, the correct perspectives of 3D images in many spatial directions are displayed simultaneously to generate 3D visualisation, again without the need for glasses or spectacles.

### Where is the Breakthrough

As may be surmised from the above, several competing technologies have been developed to make 3D visualisation a reality, both for television and smart phones, however, the market has not responded yet. Of course, the biological problem of focusing has neither been addressed nor resolved. Possibly, the investors and developers count on the adaptability of the human brain, or even an evolutionary change for the brain to accept that when visualising 3D images, the focus function of the eyes is switched off.



Notwithstanding the biological problems involved, some experts claim that if and when the manufacturers get it right and produce devices that deliver quality 3D experience, the market may open up and everyone would want 3D on the move.

Another handicap, which is closely linked to the above, is content. Comparatively few films or clips are available in 3D versions. Of course hardly any 3D Apps are around yet, however, the spiral of demand inducing the suppliers to deliver would set in once the ball starts rolling.

### Further reading:

<http://eandt.theiet.org/magazine/2015/02/3d-mobile-displays.cfm>





## Cruising the Caribbean, Part 2

### St. Thomas, U.S. Virgin Islands

Contributed by IMCZ board member and Webmaster Roger Brooks with photos courtesy of ZIWC member Margareta Pfander

#### At Sea

After our stop in the Bahamas, we had the first sea day of our cruise, and an opportunity to explore the ship more thoroughly, to meet fellow passengers who also frequent the [Cruise Critic](#) website and to sign up for activities, such as the Princess Pop Choir. On the way to our next destination, St. Thomas, in the U.S. Virgin Islands, we passed by the Puerto Rico Trench, where the Atlantic reaches its deepest depth of almost 9000 meters! Like Eleuthera, St. Thomas has no springs and is also dependent on desalination for fresh water.

#### St. Thomas, U.S. Virgin Islands

The Virgin Islands were not, as one might suppose, named after the Virgin Mary. Columbus named the islands "Santa Úrsula y las Once Mil Vírgenes" (St. Ursula and the 11,000 Virgins) after those said to have been martyred in Cologne in the 4th or 5th century. The name was later shortened to "las Vírgenes" (The Virgins). Although the islands were first claimed by the Spanish (who evicted the Carib Indians) in the mid-16th century, they were settled in the 17th century by people of many nationalities, including the British, the Danish and the Dutch. Most of the early settlers were buccaneers, or pirates. There is even a castle which is named for the most notorious of pirates, Blackbeard (Edward Teach). There is also a "Bluebeard's Castle" on St. Thomas. However, there is no historical evidence of a pirate named Bluebeard, much less that he once owned it. Although there is evidence that Blackbeard was a frequent visitor to St. Thomas, both castles are thought to have been built by the Danish in the late 17th century to ward off possible British attack.

In the mid-17th century, St. Thomas was in Dutch hands, but Denmark claimed it in 1665. It became the cornerstone of the Danish West Indies, which later grew to include the neighboring islands of St. John and St. Croix. However, they did not become official Danish colonies until the mid-18th century. Under Danish rule, St. Thomas continued to provide bases of operation for British privateers (royally sanctioned pirates) and German traders, who delivered slaves to the island and the fruits of their labor (mostly sugar cane products, such as rum and molasses) to Europe. Dutch and English were commonly spoken, even under Danish rule. Nonetheless, many of the streets still bear Danish names today. The capital city, Charlotte Amalie, was named in honor of the Danish queen consort at the end of the 17th century, but was previously called "Taphus" (Tap Hus) for its numerous pubs (tap houses).

The U.S. had already considered acquiring the Danish West Indies as early as the Civil War, but did not find a congressional majority to

authorize the purchase until 1917, when the First World War made the strategic control of the Caribbean (particularly the approach to the Panama Canal) a more pressing concern. Like most U.S. territories, the U.S. Virgin Islands have a governor, whom they elect themselves

truck. It took us first to a scenic overlook above Charlotte Amalie, where the two photos shown here were taken. After a brief stop here for photos and souvenirs, we proceeded to our first "official" destination, Mountain Top, at the peak of the island.



*The Royal Princess docked in Crown Bay  
The island in the background is Saba Island,  
not Water Island.*

and a delegate to Congress, who, however has no vote. Residents have U.S. citizenship, but cannot vote in the national elections.

#### Crown Bay

We docked in Crown Bay, a small harbor sheltered by the smaller Hassel Island (most of which belongs to the Virgin Islands National Park) and Water Island. Water Island is named for the freshwater ponds from which 17th century seafarers (mostly pirates) often replenished their water supplies. The U.S. did not purchase it from Denmark until 1944 and it remained under the direct management of the U.S. federal government until 1996, when it was sold to the territorial government, making it "the last virgin".

#### Mountain Top

Shortly after docking in Crown Bay, we boarded a vehicle which I can only describe as a cross between a tour bus and a pickup

This strategic location provides spectacular views of both the north and the south sides of the island. It is also exploited as a "tourist trap", featuring the largest souvenir shop I have ever seen, whose main claim to fame appears to be "Over 7 Million Daiquiris Sold".

#### St. Peter Great House

A little further down the north side of the island is the Estate St. Peter Great House and Botanical Garden. The Great House is the former seat of a plantation of 150 acres. It is indeed great; its banquet hall can seat up to 500 guests and is used extensively for weddings, among other events.

It is still high enough to feature spectacular views of both sides of the island, but of course the views to the north are more impressive. Most impressive of all, however, are the botanical gardens. We did not have time to explore them thoroughly, but I took a quick



*Yours Truly waiting to reboard Tour "Bus"*



*View of Magens Bay and Hans Lollik Island from Mountain Top*



self-guided tour through this unique garden, which features macaws and koi as well as over 300 plant species, both native and exotic.

We chose to leave our transport in the town of Crown Bay, and to explore its offerings on foot before returning to the ship. Most notable of the shops was "Little Switzerland", which specializes in Swiss watches. We didn't have much time to explore: it was a long trip to our next destination, Dominica in the Windward Islands, so the Royal Princess cast off early.

On returning to the Royal Princess we discovered that many of our shipmates had opted to visit the famous white sand beach at Magens Bay (see previous photo) on the north side of the island. A few others had opted to leave the island entirely to visit the neighboring island of St. John. St. John, although smaller than St. Thomas, is said to be more interesting and less "touristy". One reason may be that approximately 60% of it belongs to the Virgin Islands National Park (see the description of Hassel Island, near the beginning of this article).

*St. Peter Great House Banquet Hall*



*Coconuts in the St. Peter Botanical Gardens*



*Dates in the St. Peter Botanical Gardens*





# REvolution Short: *Are your skis too long?*

Contributed by IMCZ sports' editor Joseph Dow



From my own experiences and from watching other people ski, I've come to the conclusion that most people are using skis in lengths longer than necessary. It's something to think about before buying your new skis for next season. Late spring/summer is the time to buy for maximum discounts, although you have to be creative to find skis for sale off-season in Switzerland. Anyway, my journey to short skis is a long story. . . .

When I first arrived in Zug, I actually brought a pair of Swiss skis with me, Stöckli Stormrider XL Offroad, 194cm. I skied that pair of extremely long skis for the entire 2007/8 season and continued to use them a few times in subsequent seasons. I like to ski fast, so I thought long was the way to go, but in the back of my mind, I wondered about the experience with shorter skis.

Back in the early 90s, I formed a ski racing team at my company to compete about 90 minutes from Boston at the Watchusett Mountain corporate night racing program. Being enthusiastic, I bought a pair of Völkl Double Trouble 95cm skiblades on the rationalization that they would help my race training by improving my fore/aft balance. Near the end of the season, I took them for a day at Mt. Sunapee in New Hampshire where the snow was very, very thin. I had a total blast, carving

huge turns at high speed and thought I had a really cool, new toy. A few weekends later, I took them to Killington, the big resort of the US East, where there was a lot of heavy, wet spring snow and received quite a beating on the appropriately-named, Double Troubles. Those short, narrow (and flimsy) blades are vicious in soft, thick snow. The tips can easily catch and there is no room for error. You go from happily zipping down the trail to instantly slamming your face into the slope without warning. For years, the DTs sat in my basement. For some strange reason, I brought them over here in the move to Switzerland.

On a trip to Zermatt in 2009, I came upon RTC skis in a shop and couldn't believe how short they were. The ski shop manager recommended I try the 48'ers (148cm.) I laughed and said, "No, I think I'll consider that *long* model, the 68'er." I made a mental note to try them, someday.

A few times, I skied with former-IMCZ member, Mike Dillhyon, quite a big guy at almost 2m tall. For some strange reason, he had developed a fear of long skis and always ignored my recommendations and insisted on renting short 160cm skis. Mike is definitely an early-adopter.

A few seasons later, I went on a ski weekend in Lenzerheide with my Swiss friend, Rolf, and his

girlfriend, Claudia. He was considering a new pair of skis and had contacted AK Skis, on my recommendation, and they gave him four pairs of demos to try for the weekend. One pair was a short 158cm set up for Claudia. Since we could adjust the demo bindings on the fly, we also tried "her" pair. Wow, those skis were so much fun and incredibly maneuverable with surprising stability. Rolf ended up buying the 158s for himself. When I spoke with AK, they were shocked and thought it was ridiculous for guys our size to use those skis in that short length. They scoffed and said, "That's a fun carver in that length for you." Hmmm, maybe they were on to something.

Finally, I tried the RTC skis at a demo weekend in Zermatt. I skied the 48'ers and thought they were great. I went down to the 38'ers and said, "Wow, these are a lot of fun!" Then, I went to get the 28'ers, which were not on the rack but over behind it. The techs said, "No, we don't think it's a good idea to let them out with the current conditions..." "Oh come on, let me on them!!!" I was astonished. They were even more fun than the 38'ers, and I was flying by everyone else on full-length skis. The guy at the test tent was impressed and said, "Hmmm, you must be a very, very good skier to handle those in this kind of snow! Most people, who own them, only ski them for a few runs per ski day."





Later, I purchased a pair of 48'ers and took them to Zermatt for a week during the season. Conditions were hardpacked, and I had a great time and was amazed how well they skied and how easily I could slingshot from edge to edge, yet still have good speed, edge hold and solid stability.

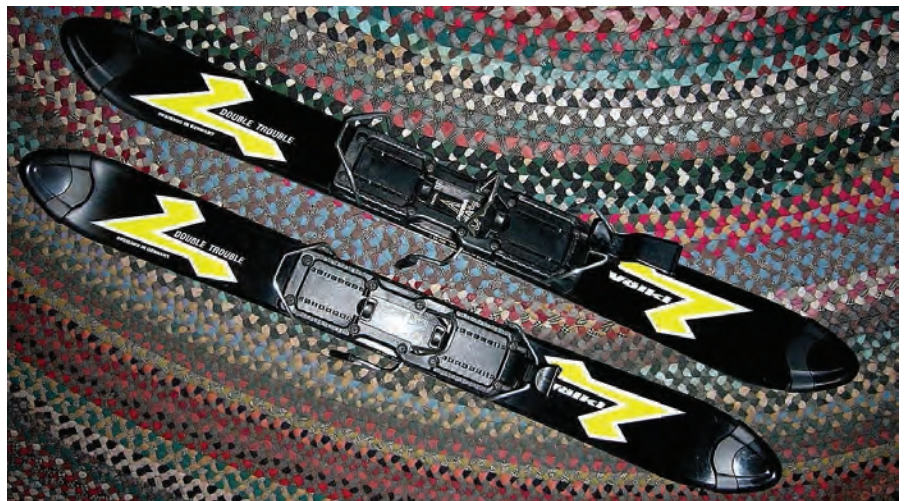
During a later demo weekend, I happily skied extensively on Exonde XO skis in lengths of 154 and 160cm (172cm being their longest.) So, other companies, besides the elite RTC, also make good skis which can be skied short by any sized skier.

Late last season, I finally got a pair of the RTC 28'ers and brought them to Airolo and tried them on some significantly steep runs off the Varozzei chair with heavy, thick snow. They were good but tricky, and I didn't use them again for the rest of the season.

This season, I was mostly skiing on my RTC Crossride 60'ers, which are the best all-around skis I've ever used. (*Did you read the article? [www.imcz.com/fileadmin/user\\_upload/Newsletters\\_2015/201504.pdf](http://www.imcz.com/fileadmin/user_upload/Newsletters_2015/201504.pdf), pg. 8.*) Finally, I decided to take the 28'ers back to Airolo when my Crossride 60'ers needed tuning. This time, I didn't bring any poles. The first run without the poles was a bit shaky, but then I figured out the arm positions. "No poles" is the key. The most fun I can remember on skis. Smooth, stable and making 50m radius turns around 70km/hr. Quite a rush. Just to make sure I wasn't imagining things, I took the 28'ers to Davos-Parsenn, which is a cruiser's paradise, and later to Titlis. Amazing days. The little skis were great on everything from morning ice to sun-softened afternoon mush. I'm totally hooked on these short skis.

Yes, a 128cm ski is a bit radical and maybe I'm experienced enough to easily handle what others might not, but I'm quite sure shorter skis between 148 and 160cm are the way to go for most male skiers. My main ski is 160cm and that is more than enough length for me in all conditions except deep powder. I will be interested to see if I'm on to something here and whether or not people will start radically "downsizing?"

As a side note: Now, there are also serious skiboards (from 75 to 132cm,) from companies like RVL8, made of much higher quality materials and having a more solid construction than the flimsy skiblades / snowblades like my old Double Troubles. Maybe I will have to downsize even more!



**Additional Information:**

- **RTC 28'er & Crossride 50'er men skis:**  
[http://www.rtc-ski.ch/en/3121\\_carving\\_ski\\_28er.html](http://www.rtc-ski.ch/en/3121_carving_ski_28er.html) &  
[http://www.rtc-ski.ch/en/3201\\_crossride\\_50er\\_men.html](http://www.rtc-ski.ch/en/3201_crossride_50er_men.html)
- **LUSTi Fun Carver & Radical Carver skis, Snow Skates:**  
<http://www.lusti.cz/eshop/produkt-664/fct-110-cm-r-4-5-m.html> &  
<http://www.lusti.cz/eshop/produkt-426/rct-140-cm-r-8-m.html> &  
<http://www.lusti.cz/eshop/produkt-103/sst-100-cm-r-6-5-m.html>
- **Exonde XO skis:** [exonde.com](http://www.exonde.com)
- **Snowblades:** [www.skiboardsonline.com/p/snowblades.html](http://www.skiboardsonline.com/p/snowblades.html)
- **Skiboards:** <http://www.skiboardsonline.com/BRDS.html>
- **RVL8 skiboards:** [www.rvl8skiboards.com](http://www.rvl8skiboards.com)





# Excellent Night

Organised and compiled by  
IMCZ member Stephen Butterworth

In spite of the low turnout, we had an excellent night. After not so hot start, Stephen suddenly shot for the stars and topped his highest score for four years at 176! Other played consistently as well, Sergiy and Ian to name a few. There were plenty of spares as against strikes accompanied by lot of laughter and amazement. The Zuger Cherries were there. Watching them spinning their way to strike after strike was pure magic.

The wine winners were: 1st Stephen Butterworth, yet again; Sergiy Shtagney just managed to beat Beat Zuger for 2nd. Well done Sergiy.

Also Mr Consistency in the shape of Beat Züger, almost 140 on every game! Excellent bowling.

HANDICAP RESULTS											
First Name	Surname	Game1	Game2	Game3	total	this months avg	overall_avg	handicap	STRIKES	SPARES	Split
Stephen	Butterworth	113	176	131	615	140	119	65	8	8	1
Sergiy	Shtangey	119	132	120	578	124	114	69	3	10	5
Beat	Züger	139	140	140	575	140	136	52	7	8	4
Ian	Brenton	128	122	122	567	124	119	65	5	10	2
Otto	Steuri	154	118	142	546	138	146	44	5	11	4
Gail	Brenton	83	95	76	506	85	84	84		6	6
Hans-Peter	Schobert	92	114	76	483	94	117	67	2	3	2

BOWLED RESULTS											
First Name	Surname	Game1	Game2	Game3	total	this months avg	overall_avg	handicap	STRIKES	SPARES	Split
Stephen	Butterworth	113	176	131	420	140	119	65	8	8	1
Beat	Züger	139	140	140	419	140	136	52	7	8	4
Otto	Steuri	154	118	142	414	138	146	44	5	11	4
Ian	Brenton	128	122	122	372	124	119	65	5	10	2
Sergiy	Shtangey	119	132	120	371	124	114	69	3	10	5
Hans-Peter	Schobert	92	114	76	282	94	117	67	2	3	2
Gail	Brenton	83	95	76	254	85	84	84		6	6

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**SALE**

**Wed 20. May 2015**  
Time: 2–5pm

**Used English Books**

**Venue:** Gut Hirt Pfarreiheim, Guthirtstrasse 1 6300 Zug

Refreshments available

**ZUG INTERNATIONAL WOMEN'S CLUB**

Any questions, book donations or voluntary helpers of the day please contact: Alison MacKinnon, 079 613 8259, jones.ian@bluewin.ch





## Banana Split

A little old man shuffled slowly into an ice cream parlour and pulled himself slowly, painfully, up onto a stool. After catching his breath, he ordered a banana split. The waitress asked kindly, "Crushed nuts?" "No," he replied, "Arthritis."



## Red Tomatoes

A mature and well educated woman loved her vegetable patch, particularly growing tomatoes, but couldn't seem to get the tomatoes to turn red.

One day, while taking a stroll, she came upon a gentleman neighbour who had the most beautiful vegetable lot full of huge bright red tomatoes.

The woman asked the gentlemen, "What do you do to get your tomatoes so red?"

The gentlemen responded, "Well, I know this will sound strange, but twice a day I stand in front of my tomato plants naked in my trench coat and flash them. My tomatoes turn red from blushing so much." Someone had told me to do this and I don't know why but it seems to work.

The woman thanked him and as she was walking away she thought to herself that the story is absolutely ridiculous. However, just the same, she was so impressed, so she decided to have a go herself at her tomatoes and see what happens.

So twice a day for two weeks she flashed her garden hoping for the best.

One day the gentleman was passing by and asked the woman, "By the way, how did you make out? Did your tomatoes turn red?"

"No", she replied, "but my cucumbers are enormous."



## Doctor's Appointment

A lady comes home from her doctor's appointment grinning from ear to ear. Her husband asks, "Why are you so happy?" The wife says, "The doctor told me that for a forty-five year old woman, I have the breasts of a eighteen year old." "Oh yeah?" quipped her husband, "What did he say about your forty-five year old ass?" She took a long look at him then said, "Actually, your name never came up in the conversation."

## Long Life

At a noisy party, one young girl said, "Women live a better, longer and more peaceful life, as compared to men." "Why is that I wonder?, asked the man accompanying her. A very intelligent man replied, "Women don't have wives!"

## Police Dog

On a hot summer day, a blonde came to town with her dog, tied it under the shade of a tree, and headed into a restaurant for something cold to drink.

Twenty minutes later, a policeman entered the restaurant and asked, "Who owns the dog tied under that tree outside?"

The blonde said it was hers.

"Your dog seems to be in heat" the officer said.

The blonde replied, "No way. She's cool 'cause she's tied up under that shade tree."

The policeman said, "No! You don't understand. Your dog needs to be bred."

"No way," said the blonde. "My dog doesn't need bread. She isn't hungry 'cause I fed her this morning."

The exasperated policeman said, "No! You don't understand. Your dog wants to have sex!"

The blonde took a long look at the cop and said, "Well, go ahead. I always wanted a police dog."



# PUZZLE

Compiled by IMCZ Board member and Newsletter co-editor Andrew Schofield

A room with thick, drawn curtains has three incandescent lamps. The light switches are on the wall outside the room, one switch for each lamp. You are standing outside the room and the only door is tightly closed. You have to find out which switch operates which lamp. You can operate the switches in any way you like but, once you have opened the door, you may not touch the switches again. How can this be done?



## Last month's puzzle

Only one correct answer was received. It was none other than the club's Sudoku master, Maurice Corten. Congratulations Maurice. Your first drink the next time you attend the Stammtisch is on the house.

A little Algebra is all that is needed to solve the puzzle. If W and C are the ages of the woman and child now respectively, then  $W - C = 21$  and in six year's time  $W + 6 = 5 \times (C + 6)$ , solving for C we get:  $21 + C + 6 = 5C + 30$ , or  $4C = -3$ , i.e.,  $C = -3/4$ . Since there are 12 months in a year then  $C = -9$  months. The child therefore was being conceived, and the father was there doing his part in conceiving it.

## Comparing Notes

Three men were sipping their evening beer at their bar. The discussion veered inevitably to their wives and they started to compare notes.

The first man said, "I married Miss Right. I just didn't know her first name was 'Always'."

The second man replied, "Well, I haven't spoken to my wife in 18 months. I don't like to interrupt her."

Then the third man shouted, "The last fight was my fault though. My wife asked, "What's on the TV?" I said, "Dust!"











## Members' Marketplace

Are you **selling** your yacht (harboured in Piraeus)?  
 Your Aston-Martin old-timer with the roll top roof?  
 A gorgeous view of the Bay of Biscay,  
 with a little bit of house attached?  
 Or are you **cashing in** the half of your stamp  
 collection that is finally worth something?  
 Perhaps you're **looking** for all of these things?

**Then ADVERTISE here,  
 in the IMCZ News;**

The Members' Marketplace is reserved for unformatted advertisements of 150 characters (approx. 3 lines) of text.

These are free of charge to IMCZ members.

Advertisements must be submitted as illustrated below.  
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13/06/2015  
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